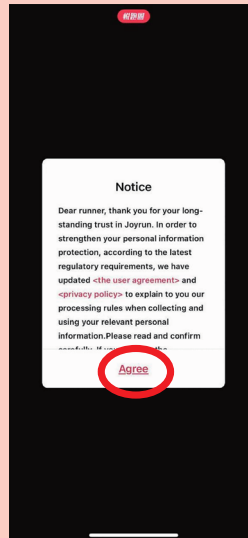# NAGOYA WOMEN'S MARATHON 2021

How to Participate in Nagoya Women's Online Marathon 2021 (Overseas)
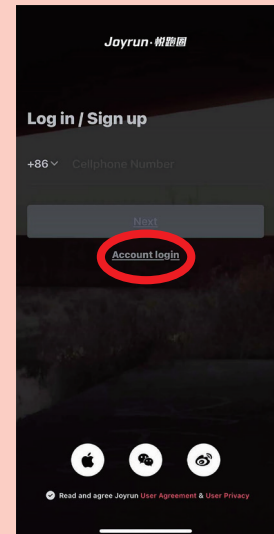
1. Download the "Joyrun" app from your smartphone app store.
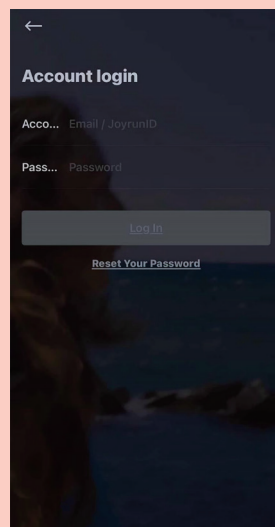
Download on the App Store

GET IT ON Google Play

2. Agree to the Joyrun's terms of use.

Notice

Dear runner, thank you for your long-standing trust in Joyrun. In order to strengthen your personal information protection, according to the latest regulatory requirements, we have updated <the user agreement> and <privacy policy> to explain to you our processing rules when collecting and using your relevant personal information.Please read and confirm carefully. If you agree to the

Agree

3. Tap "Account Login".

Joyrun·悦跑圈

Log in / Sign up

+86 ∨   Cellphone Number

Next

Account login

Read and agree Joyrun User Agreement & User Privacy

4. Enter your Joyrun ID and password.

←

Account login

Acco...   Email / JoyrunID

Pass...   Password

Log In

Reset Your Password

5. Login completed!

• Total ›

0.00 km

• This Week ›

Keep moving this week~

Shoe Store
Identify your shoes

Coach Online
Face-to-face online training guidance

Routes
Nearby routes

Speed track
Break through unlock the track
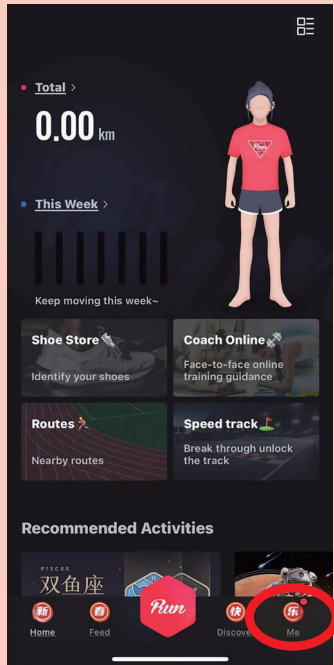
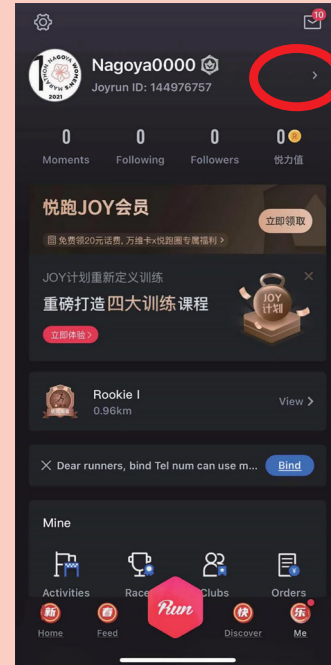**Recommended Activities**

双鱼座

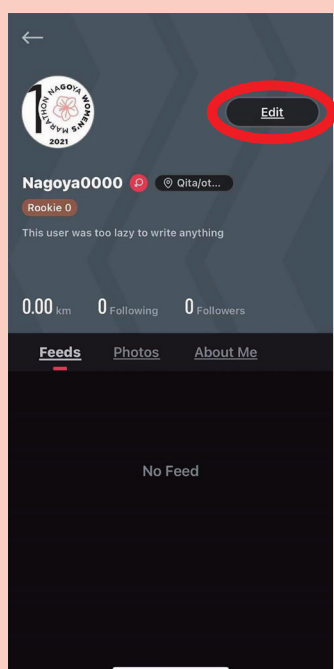Home   Feed   Discover   Me
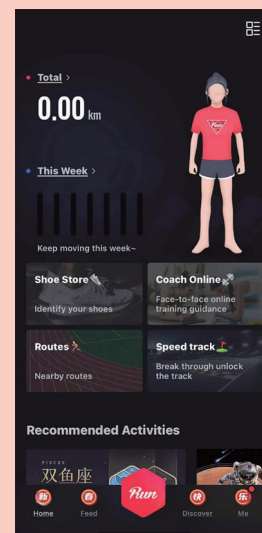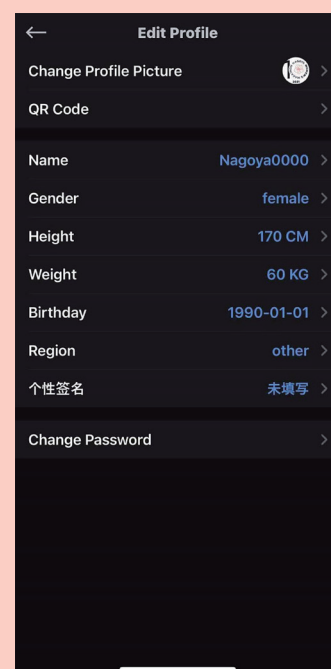
How to Edit Profile

1. Tap"Me".
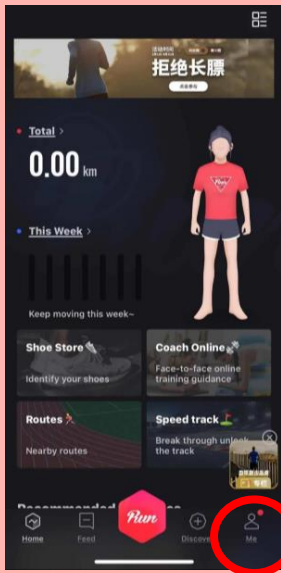

2. Tap">"next to your name.

3. Tap"Edit".

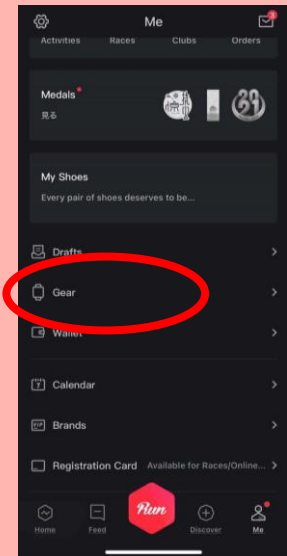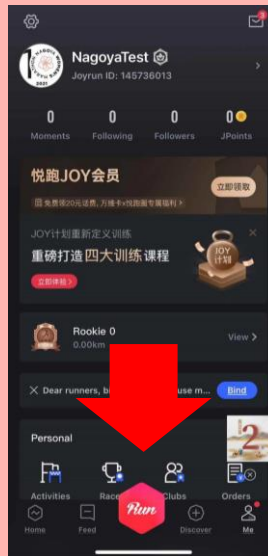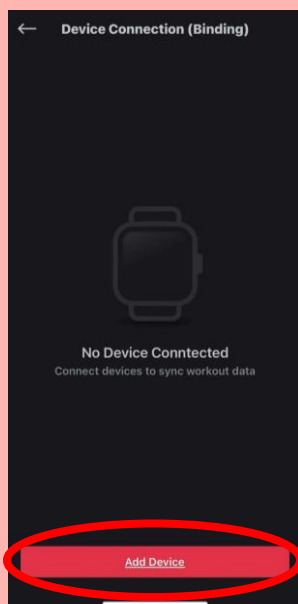## 4. You can edit your profile on this page.
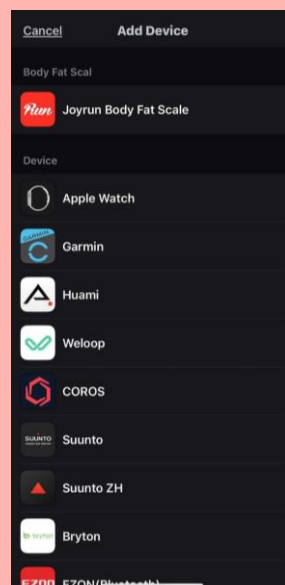
Connect Smartwatch

1. Tap "Me".

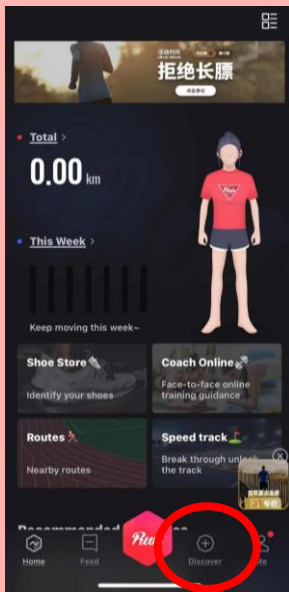### 2. Scroll down and tap "Gear".

3. Tap "Add Device".

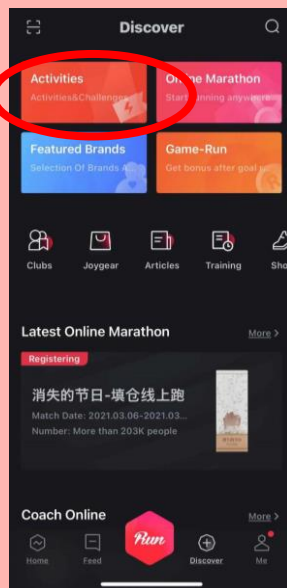### 4. Choose a brand and connect it.

*Brands not on the list are not supported.
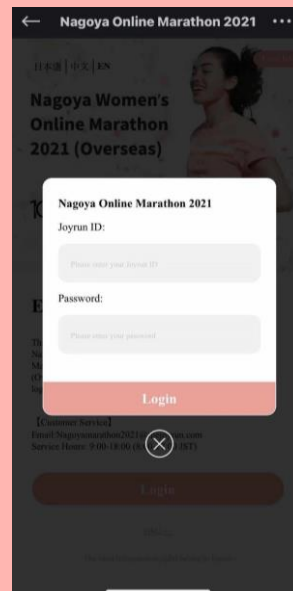
Event Page Login #1

1. Tap "Discover".

2. Tap "Activities".

**3. Tap banner of Nagoya Online Marathon 2021.**

4. Tap "Login" and enter your Joyrun ID and password.

Some Android users are experiencing a problem accessing the Nagoya Online Marathon 2021 event page in the above way (Event Page Login #1).
In that case, please update your App on Play Store, or try the alternative way to access the event page described in the next page (Event Page Login #2).

Event Page Login #2
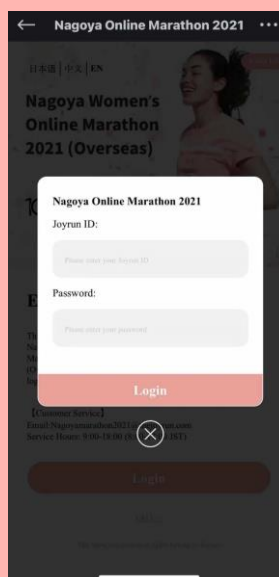
1. Download and login to Joyrun App (See Page 1).
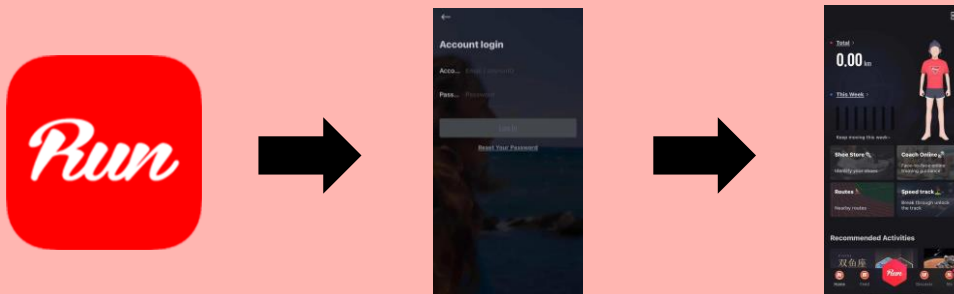
2. Open the link below on your smartphone with the Joyrun App, downloaded and logged in.
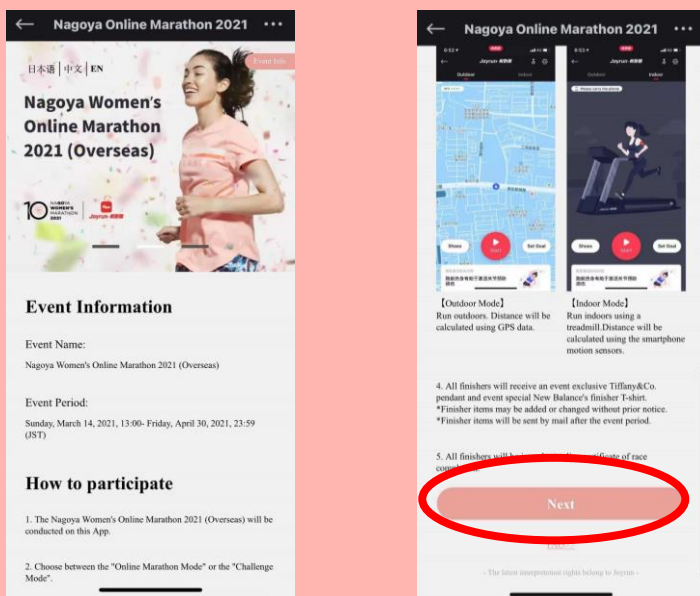
https://janos.thejoyrun.com/activity/nagoya-marathon/

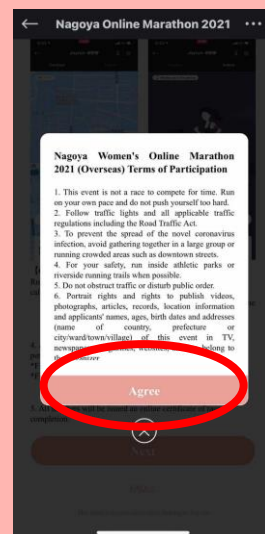### 3. Tap "Login" to enter your Joyrun ID and password, then tap "Login".
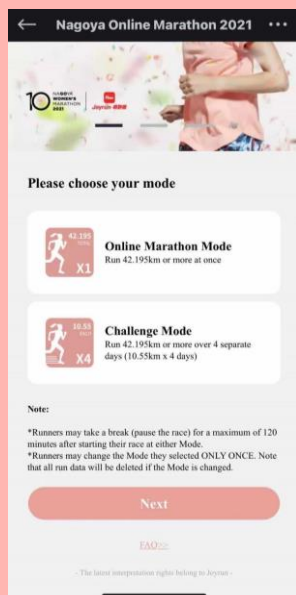
Race Preparation

1. Read Event Information and tap "Next".

2. Scroll down to read through Terms of Participation, check box and tap "Agree".
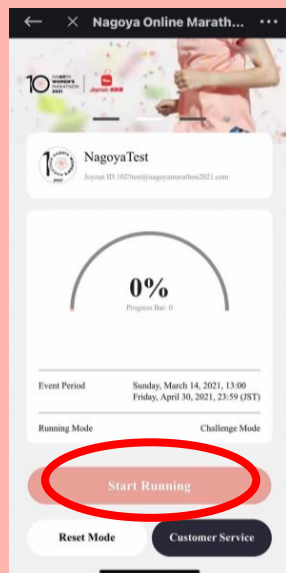

3. Tap a Mode of your choice.
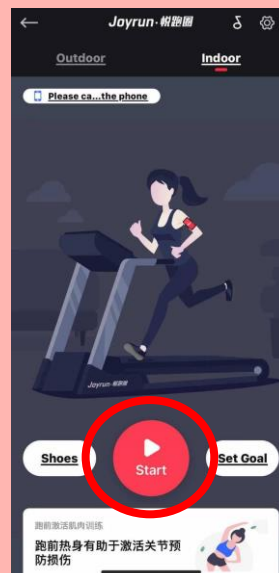

4. You are ready for running!!
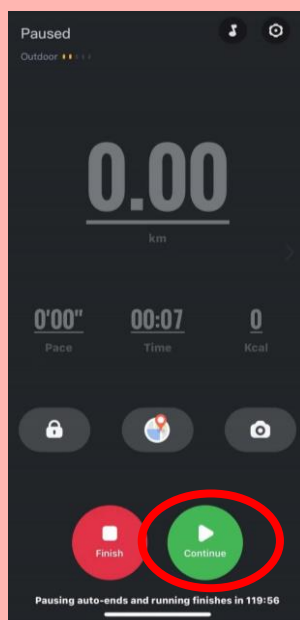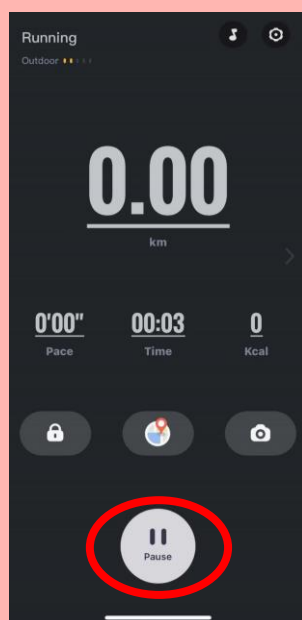
Start Running!

1. Tap "Start Running" to start your race.

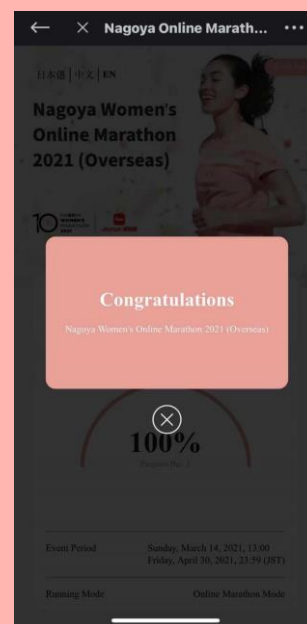**2. Choose either Outdoor or Indoor Mode and tap "Start" to start running!!**

3. You can take a break (pause race) for maximum of 120 minutes.
   To restart running, tap "Continue". To finish running, long press "Finish".

4. Congratulations on race finish!!

Be Careful of Safety of Yourself and Surroundings When You Go for Running

【Outdoor Mode】
Mode to run outdoors. Location services must be turned ON as it calculates the distance using GPS data.
If you try to start running in Outdoor Mode while location services are OFF, an error message pops up.
Tap "Go Setting" on the pop-up message and allow Joyrun App to use your location services.

【Indoor Mode】
Mode to run indoors using a treadmill, etc. Smartphones must be worn/attached to runners as it calculates the distance using smartphone motion sensors.
*For accurate distance calculation, runners are recommended to enter their heights (See "How to Edit Profile").
*If you place your phone on the treadmill, etc., your running distance cannot be calculated.

<Note>
All runners are recommended to turn OFF the screen while running, as it may react to your body movement and pause or finish the running, especially when the phone is placed in the pocket facing towards the body.

Convenient feature for Challenge Mode runners

【Goal Set】
You can set target distance in running page. App will notify you with audio guidance when you achieve goal.
If you choose Challenge Mode, we recommend you to set 10.55km in distance as your goal.
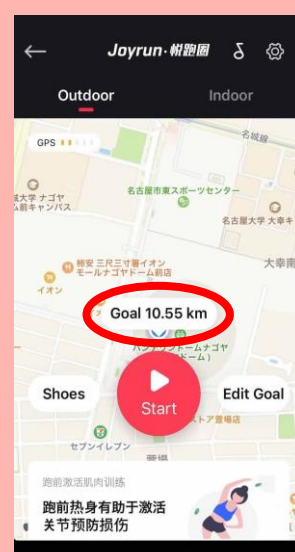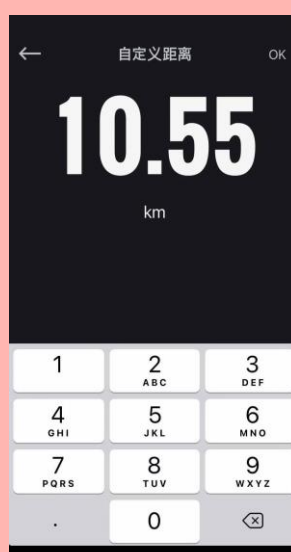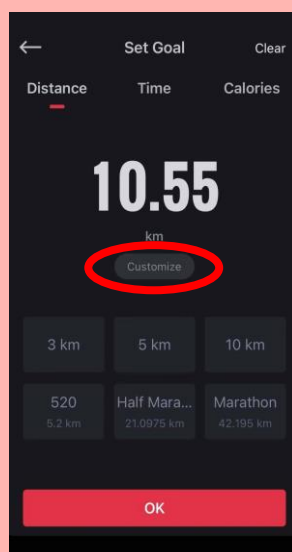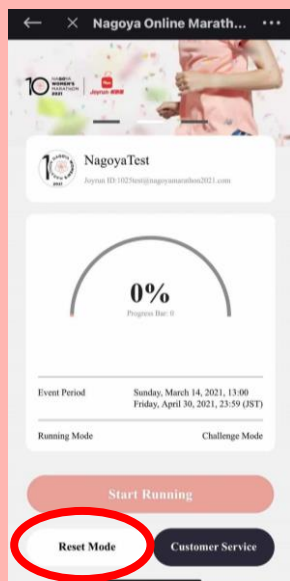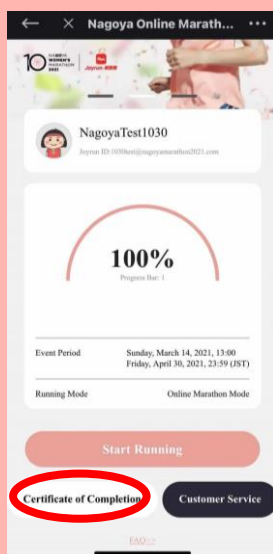
Running Personal Page

【Mode Reset】
You can change Mode only once in this page. Note that all run data will be deleted when Mode is changed.

【Certificate of Completion】
This Certificate button appears when you finish full distance.
Tap to see your Online Certificate of Race Completion.

Image of Online Certificate of Race Completion

If you chose Challenge Mode and have distance left, run the rest on different days.
*Due to system requirements, you may run only one 10.55km race per day.
(Each day starts at 1:00 a.m. Japan time)